					and the second
Winter BREAK	7 Cheesy Pull-A- Part w/Marinara	8 Ham & Chees Grinder with Lettuce & Tomatoes		<b>10</b> General Tso's Wings w/Macaroni & Cheese	freshy
<b>13</b> Spicy Chicker Quesadilla	14 Beef Walking Tacos	15 Pulled Pork Tor w/Avocado, Onions, Lettuc & Tomato	Fries w/Roll	17 Turkey & Mashed Potatoes w/ Gravy & Dinner Roll	Marketplace: Monday: Protein Box
20 MLK DA MARTIN LUTHER KING DA	21 Kung Pao Chicken w/Chow Mein Noodles	22 Beef Meatbal Grinder w/Marinara Sauce & Mozzarella	23 Cheesy Nachos	24 Green Chili Chicken Pozole w/Tortilla Chips	<b>Tuesday:</b> Spicy Chicken Salad w/Tapatio Ranch Dressing <b>Wednesday:</b> Crunchy Chicken Wrap
27 Bean & Chees Pupusas w/Curtido	e Parmesan Chicken Sandwich	29 Albondigas So w/ Tortilla Chip	-	<b>31</b> Chicken Fettuccine Alfredo w/Broccoli & Garlic Bread	<b>Thursday:</b> Chef Salad <b>Friday:</b> Taco Salad
<ul> <li>High School Daily Lunch Entrée Choices:</li> <li>Orange Chicken w/Seasonal Vegetables &amp; Rice</li> <li>Teriyaki Chicken w/Seasonal Vegetables &amp; Rice</li> <li>Domino's Pepperoni Pizza (Mon. / Wed. only)</li> <li>Buzz Cheeseburger (Tue. / Thu. Only)</li> <li>Spicy Chicken Sandwich</li> <li>Beef Grande Burrito</li> <li>Yogurt Parfait w/Strawberries, Blueberries &amp; Granola</li> </ul>				h Fruit Options ups (Tues. / Thurs.) ariety (Mon. / Fri.) ns	JANNUARS
<u>Condiment Choices:</u> Homemade Ranch Dressing   Ketchup   Mustard   Mayonnaise  Soy Sauce   Tapatio Sauce   Tajin				Daily Milk Choices: 1% White Milk Nonfat Chocolate Milk	All grains are whole-grain rich. Students must select a ½ cup of fruit and or a ½ cup of vegetables with their meal. Meals are offered with non-fat chocolate milk or 1% white milk.

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